

## Dish: Season 2 - Episode 1 - 5th October 2022

Name of episode Rylan Clark, a burger and a beer

<b>NICK GRIMSHAW</b> Our podcast might contain the occasional mild, swear word or adult theme.
<b>NICK GRIMSHAW</b> Hello, and welcome to Dish. I am Nick Grimshaw and to my left is someone who knows what is what when it comes to cooking. It's Angela Hartnett!
<i>(Angela laughing)</i>
<b>NICK GRIMSHAW</b> This week, Angela, who've we got?
<b>ANGELA HARTNETT</b> This week we have Rylan on the show.
<b>NICK GRIMSHAW</b> Yes.
<b>ANGELA HARTNETT</b> I love, him, he's great. So, we're going to be having some burger and some beer.
<b>NICK GRIMSHAW</b> I like those classics. Three iconic things that we enjoy. Burger, beer, Rylan! <i>(laughter)</i> Before we get stuck in though, we have an email...
<b>ANGELA HARTNETT</b> Yeah.
<b>NICK GRIMSHAW</b> ...which has been sent in and it's a good one, and it's from someone called Winky. What a great name.
<b>ANGELA HARTNETT</b> Winky, Love it.
<b>NICK GRIMSHAW</b> Winky has a question for you Ange. 'This feels like an embarrassing question, but what is the best way to cook a simple chicken breast, keeping it juicy and not squeaky when you cut it? Many thanks, Winky.'
<b>ANGELA HARTNETT</b> The really best way is to keep it on the bone.

**NICK GRIMSHAW** Yeah.

**ANGELA HARTNETT** Yeah, keep – do it as a whole chicken – but if you have to, in a pan, colour up the skin really crispy. Turn it over, a little bit of butter and a touch of stock or water...

**NICK GRIMSHAW** Mm.

**ANGELA HARTNETT** ...and that will sort of slightly steam it, as well as cook it and it won't be squeaky.

**NICK GRIMSHAW** Ooh, so you just cook it in the pan, the full chicken breast?

**ANGELA HARTNETT** Yeah, yeah.

**NICK GRIMSHAW** I don't love a breast.

**ANGELA HARTNETT** No.

**NICK GRIMSHAW** Yeah, I've got to have a thigh, me.

**ANGELA HARTNETT** Yeah, oh a thigh, interesting.

**NICK GRIMSHAW** Mm hmm, I love a thigh... Well thanks for your email, Winky. If you do want to email us, with any question, [dish@waitrose.co.uk](mailto:dish@waitrose.co.uk) is the way to do it. So, we're having a burger today, I imagine because Angela Hartnett, MBE, OBE, it's not just gonna be like a regular burger this is it? How have you made this delish?

**ANGELA HARTNETT** So I've seasoned up the meat with a bit of Tabasco, just to give it a little bit of spice. I've also put a lovely coleslaw on the side...

**NICK GRIMSHAW** Mm.

**ANGELA HARTNETT** ...but not with just mayonnaise, with – I've sort of made it a bit lighter - and then Waitrose have relaunched their Cooks' Ingredients...

**NICK GRIMSHAW** Mm hmm.

**ANGELA HARTNETT** ...and I'm gonna use this Gunpowder Spice Blend, which is a little load of spice that I'm gonna put on the chips. You could even probably put it in the burger mix. And I like these 'cos they have this little code thing, QR code.

**NICK GRIMSHAW** Mm, I want a QR code on my head. *(laughter)* So...

**ANGELA HARTNETT** *(ringing sound)*

**NICK GRIMSHAW** ...as always you can get this recipe and all the recipes on [waitrose.com/dishrecipes](http://waitrose.com/dishrecipes). Dish recipes.

**ANGELA HARTNETT** Yes Mutley.

**NICK GRIMSHAW** Erm, okay let's welcome our guest, shall we? A national treasure, I feel, Rylan Clark is.

**ANGELA HARTNETT** Indeed.

**NICK GRIMSHAW** And I feel like a national treasure, usually happens of a certain age.

**ANGELA HARTNETT** I know he's very young to be.

**NICK GRIMSHAW** He's a very young national treasure isn't he, yeah. Lots to talk to Rylan about today. We want to talk about his love of Eurovision, Big Brother, the fact that he's written a book, like us...

**ANGELA HARTNETT** Yeah.

**NICK GRIMSHAW** ...three published authors, sat around.

**ANGELA HARTNETT** I know.

**NICK GRIMSHAW** Very – it's going to be very highbrow I feel, this afternoon.

**ANGELA HARTNETT** I know.

**NICK GRIMSHAW** Yeah. Erm, his smile, he's already lighting up the room. I mean literally, it's powering the podcast.

**ANGELA HARTNETT** He is!

**NICK GRIMSHAW** Erm, a round of applause everybody for the wonderful Rylan Clark, everybody. *(applause)*

**RYLAN** Ah, thank you so much.

**NICK GRIMSHAW** Hi Rylan.

**RYLAN** There's always this many people in my kitchen, it's crazy.

**NICK GRIMSHAW** Always. Welcome Rylan.

**RYLAN** Thanks for having me.

**NICK GRIMSHAW** Hey, we're dead excited you're here and you've got some previous with Angela haven't you?

**RYLAN** Yeah I have got previous, but the less said about the better.

**NICK GRIMSHAW** Moving on.

**RYLAN** Yeah. No, Angela is the only woman that made me touch her fish.

*(Angela laughing)*

**NICK GRIMSHAW** Oh!

**RYLAN** Yes, yeah.

**NICK GRIMSHAW** Wow.

**RYLAN** I managed to do a whole series of Masterchef not touching a fish...

**NICK GRIMSHAW** Mm hmm.

**RYLAN** ...and then I roll up to that one's restaurant and then boom, there you go, you old trout, boom.

*(laughter)*

So, I was like, great.

**ANGELA HARTNETT** You didn't eat it though did you?

**RYLAN** Absolutely not.

**NICK GRIMSHAW** Never any fish?

**RYLAN** No but the chefs did, they said it was alright.

**ANGELA HARTNETT** Yeah exactly.

**RYLAN** Yeah.

**NICK GRIMSHAW** Do you have a bad fish experience?

**RYLAN** I was once pushed on the fish counter as a child...

**NICK GRIMSHAW** Oh.

**RYLAN** ...by my brother, in a supermarket...

**NICK GRIMSHAW** Oh no, that's bad.

**RYLAN** ...and I was like face to face with hake. Have you ever seen a hake?

**NICK GRIMSHAW** Yeah, they're ugly.

**ANGELA HARTNETT** Prawn cocktail? No?

**RYLAN** Only the crisps.

**NICK GRIMSHAW** They're the best, best version of it. *(laughter)* What's the fish where its face is like – its body is flat and then it's face is on the side?

**ANGELA HARTNETT** Monkfish I think.

**NICK GRIMSHAW** Oh, I hate that one.

**RYLAN** That was me Sunday, I think. Listen, I'm not one to talk about teeth, but a Hake has got more dodgy teeth than I have. *(laughter)* Awful.

**NICK GRIMSHAW** Angela, how was it when Rylan turned up to work in your restaurant?

**ANGELA HARTNETT** He was brilliant, no he was. He was comedy genius.

**RYLAN** I actually loved it.

**ANGELA HARTNETT** Comedy genius, gold.

**RYLAN** I did love it, I did love it, but erm, I've not returned.

*(laughter)*

**ANGELA HARTNETT** You were great.

**RYLAN** Nor have I had an invite! *(laughter – over talk)*

**NICK GRIMSHAW** Not been invited. Well, I love that every guest gets a call from like our research of this, and knowing like Angela, MBE, OBE, Michelin star chef, like, is going to make you a meal, and some guests are like, oh I really like you know tuna tartare served with a blah blah blah. Rylan asked for chicken nuggets.

*(laughter)*

**RYLAN** Yeah.

**NICK GRIMSHAW** 'So what's your favourite food?' 'Chicken nuggets.'

**RYLAN** Keep it real, like come on. Give me a chicken nugget and put it in a cardboard box.

*(laughter)*

**NICK GRIMSHAW** Do you ever have a chicken nugget for your tea? Like do you ever have a tea out the freezer?

**ANGELA HARTNETT** Er, yes yeah, yeah definitely of course I do!

**NICK GRIMSHAW** Do yer?

**ANGELA HARTNETT** Yeah! Honestly look at you, you're killing me! *(laughing)*

**NICK GRIMSHAW** You're such a liar!

**ANGELA HARTNETT** I'm not.

**NICK GRIMSHAW** She's like yeah, I always have a...

**ANGELA HARTNETT** I don't have chicken nuggets as such.

**NICK GRIMSHAW** Chicken nu-jay.

**ANGELA HARTNETT** No my favourite of that takeaway is 6 chicken nuggets and a cheese burger.

**RYLAN** Ah, double?

**NICK GRIMSHAW** Mm.

**ANGELA HARTNETT** No single, I like a single.

**NICK GRIMSHAW** I go single.

**RYLAN** I've had a triple before.

**NICK GRIMSHAW** Have you!

*(laughter)*

**NICK GRIMSHAW** Talk to us Rylan about your palate. What is your go-to favourite tea?

**RYLAN** There's these like – it's not a Pot Noodle, it's a more glamorous version.

**NICK GRIMSHAW** Right.

**RYLAN** I put two of them. I put them together with like dried onions and like black poppy seeds.

**ANGELA HARTNETT** Okay.

**NICK GRIMSHAW** Mm.

**RYLAN** I know – you're not the only chef clearly.

**ANGELA HARTNETT** But it is a Pot Noodle bit it's not. *(over talk)*

**NICK GRIMSHAW** Angela: 'Okay...'. *(laughter)*

**RYLAN** It's not a Pot Noodle, it's a different company, but a lot nicer.



**ANGELA HARTNETT** Okay, okay.

**RYLAN** It's-it's like full-on Japanese.

**ANGELA HARTNETT** And then you add to it, you add to it.

**RYLAN** Yeah, it's just easy...

**ANGELA HARTNETT** Yeah.

**RYLAN** ...and quick and I actually really like it.

**NICK GRIMSHAW** I guess you don't have much time to cook, 'cos you are so busy. And the thickness of cards to get through your career.

**ANGELA HARTNETT** Yeah.

**RYLAN** I mean, that's more cards than I got for my birthday but...

**NICK GRIMSHAW** There's a lot.

**RYLAN** But no, I mean my mum does ring me quite a lot 'cos she lives very close to me...

**ANGELA HARTNETT** Yeah.

**RYLAN** ...and she's like, 'Do you want me to do you dinner tonight?'

**ANGELA HARTNETT** Oh bless her.

**RYLAN** Yeah but – well you say that. My mum's 'dish du jour', shall we say...

**ANGELA HARTNETT** Yeah.

**RYLAN** ...is always- I would describe is like a arrabiata penne...

**ANGELA HARTNETT** Yeah.

**NICK GRIMSHAW** Mm.

**RYLAN** ...but she then gets plain crisps and scrunches them up, puts them on top with cheese and then bakes it. *(laughter)*

**NICK GRIMSHAW** Oh my god!

**RYLAN** Now I am not saying it's not nice because it's actually quite nice.

**ANGELA HARTNETT** I bet it is, yeah.

**NICK GRIMSHAW** Yeah.

**RYLAN** Yeah that's-that's what she usually does.

**NICK GRIMSHAW** But you look like you've got like the dream, cook kitchen.

**RYLAN** I have got a nice kitchen to cook in.

**NICK GRIMSHAW** Like it looks like- you could do like a cookery show in that kitchen.

**RYLAN** Oh yeah, I mean we should have done it at mine today.

**NICK GRIMSHAW** We should of.

**ANGELA HARTNETT** Yeah.

**RYLAN** We really-really should of.

**NICK GRIMSHAW** Now this place is a dump.

*(laughter)*

**RYLAN** But the reason why it looks like that is 'cos I don't cook in it that often!

**NICK GRIMSHAW** Yeah!

**RYLAN** I'm just like, where's the Peroni fridge?

**ANGELA HARTNETT** It's pristine.

**RYLAN** Yeah, literally.

**NICK GRIMSHAW** Pristine. Did you see the animal Rylan had in his kitchen?

**ANGELA HARTNETT** No! What animal? Tell me.

**NICK GRIMSHAW** Are you ready for this?

**ANGELA HARTNETT** I am.

**RYLAN** So I'm walking around on a Sunday night...

**ANGELA HARTNETT** Hold on, this is in Brentwood, yeah?

**RYLAN** This is in Brentwood, in England, in this country.

**NICK GRIMSHAW** In the UK, yes.

**RYLAN** Right?

**ANGELA HARTNETT** Yes okay.

**RYLAN** So I'm just walking around my kitchen, come day, go day. You know, normal.

**ANGELA HARTNETT** Yeah.

**RYLAN** A pair of shorts on, loving life. And I look by the bi-folds, just to the right of me, and I see something on the floor. But you know when you think you've not seen something and you ignore it...

**ANGELA HARTNETT** Yeah.

**RYLAN** ...and in that split second, I was like oh, and about a millisecond later I look, there's a \*\*\*ing snake on the floor!

**ANGELA HARTNETT** Don't be ridiculous...

**RYLAN** A real...

**ANGELA HARTNETT** In Essex?

*(laughter)*

**RYLAN** In Essex! Now I know there's a lot of snakes in Brentwood but...

**ANGELA HARTNETT** Yes.

**RYLAN** ...an actual, full on, real live snake. It was about this long, this long, which, er, I'd say over 30 centimetres long.

**ANGELA HARTNETT** It wasn't a eel, no?

**NICK GRIMSHAW** No it's a snake.

**RYLAN** I weren't down the pie and mash shop, no!

*(laughter)*

**ANGELA HARTNETT** But, and then what did you do?

*(over talk)*

**NICK GRIMSHAW** Are you sure it wasn't an eel?

**RYLAN** Well, had a breakdown and went straight on Instagram. *(laughter)* Because I was on my own!

**ANGELA HARTNETT** I love that!

**RYLAN** So I'm standing there like filming it...

**ANGELA HARTNETT** That's what you would do.

**RYLAN** ...and I'm like no but...

**NICK GRIMSHAW** It's the only thing to do.

**RYLAN** No but- no but it's because I didn't want to feel on my own in this situation.

**NICK GRIMSHAW** Yeah.

**RYLAN** So I'm filming this snake going, 'Someone help me, someone help, I don't know what to. Do I call the police, do I call the fire brigade. What do I do?'

**ANGELA HARTNETT** What was the advice from Instagram, do tell.

**RYLAN** Well it was very split. Half of them...

**ANGELA HARTNETT** Yes! Then you had to do a survey!

**RYLAN** Half of them were saying, 'It's a grass snake...

**ANGELA HARTNETT** Okay, right.

**RYLAN** ...it's more frightened of you.' The other half were saying, 'My dad's a vet and it's gonna kill you.'

**ANGELA HARTNETT** Oh nice.

*(laughter)*

**NICK GRIMSHAW** Don't.

**ANGELA HARTNETT** That was nice.

**RYLAN** So I didn't know what to believe by this point. So anyway, I've then tried to shoo said snake and it was the slowest, weirdest snake...

**NICK GRIMSHAW** Urgh!

**RYLAN** ...you'd want to come across.

**ANGELA HARTNETT** Yeah.

**RYLAN** Anyway, it's then gone out of the bi-fold doors, so I'm like brilliant, but then I've shut the door...

**ANGELA HARTNETT** Yeah.

**RYLAN** ...but I can't see the snake on the other side of the door.

**NICK GRIMSHAW** Urgh.

**RYLAN** So then I'm adamant, it's in the track of the bi-folds.

**NICK GRIMSHAW** Urgh.

**ANGELA HARTNETT** Oh yes.

**RYLAN** But then I thought, I'm locked in, that's it.

**ANGELA HARTNETT** Yeah, you can't ever leave your house.

**RYLAN** I will never, ever live here again. So I'm like, what do I do? So, I rung the bloke that does my gardening and I was like, Josh. This is like 10 o'clock at night now on a Sunday...

**ANGELA HARTNETT** Yeah.

**RYLAN** ...and I'm like 'Josh! There's a snake in the bi-folds, what am I gonna do!' And he's like, 'Leave it, I'll come in the morning.' Anyway, so I woke up in the morning, Josh has come round. I was basically in full PPE by this point.

*(laughter)*

So I'm in like a boiler suit I once wore on X Factor, like tucked into a pair of UGG boots. Like I'm like, nothing can get to me, and it was boiling as well, it was like 30, 40 degrees out. So he's opened up the bi-folds. It was like Cilla Black's 'Moment of Truth.'

*(laughter)* Every bi-fold was opened one by one and then that was lifted up and then them 2 bi-folds slid, and it was like, huh that's not there. Well, we opened up every bi-fold... the snake isn't there.

**NICK GRIMSHAW** Oh my god.

**ANGELA HARTNETT** Oh.

**RYLAN** And I still, to this moment, don't know where that snake is.

**NICK GRIMSHAW** Oh my god!

**ANGELA HARTNETT** And you've never- obviously never seen it again?

**RYLAN** No, 'cos if I did I'd have a row with it. *(laughter)* Don't get me wrong, I get a lot of things hanging about. I've got a one legged pheasant...

**NICK GRIMSHAW** Mm.

**ANGELA HARTNETT** Okay.

**RYLAN** ...that I've once found on the treadmill in my gym. Could not write that.  
*(laughter)*

**ANGELA HARTNETT** Maybe shut your doors.

**RYLAN** No, do you know, I like the breeze!

**NICK GRIMSHAW** Yeah!

*(clinking sounds)*

**NICK GRIMSHAW** Angela...

**ANGELA HARTNETT** Yes Nicholas?

**NICK GRIMSHAW** ...I'm starving.

**ANGELA HARTNETT** Right I'm off, I'm off.

**NICK GRIMSHAW** So you-you go and do.

**RYLAN** Oh is she going? Is that it?

**NICK GRIMSHAW** Yeah, off she goes, into the freezer. *(laughter)*

**RYLAN** Don't try and slide...

**NICK GRIMSHAW** Into the freezer, whack it in the microwave.

**ANGELA HARTNETT** Honestly, honestly.



**NICK GRIMSHAW** Well I did watch Angela prepare this lovely meal by hand.

**RYLAN** I'm really excited for this, as long as you don't like, slide like a sly trout in there I'll be alright.

**ANGELA HARTNETT** Oh no there's no fish in this.

**NICK GRIMSHAW** No secret fish. Speaking of animals, we've done snakes, we've done fish. Can we talk about the fox as well?

**RYLAN** Oh yeah.

**NICK GRIMSHAW** 'Cos you got mugged by a fox.

**RYLAN** Yeah.

**NICK GRIMSHAW** Yeah. What happened?

**RYLAN** I don't know why you're all laughing because it could happen to you!

**NICK GRIMSHAW** It's not funny. Yeah.

**RYLAN** Yeah. It was awful. I- I was on a night out...

**NICK GRIMSHAW** Mm.

**RYLAN** ...when I was probably about eighteen.

**NICK GRIMSHAW** So three years ago now.

**RYLAN** Yeah, literally only three years ago, thank you, you can stay. And I was so pissed at the time, and I remember I'd lost all of my friends and I was staying at my old friend's house in Romford. So, I walked back from Romford...

**ANGELA HARTNETT** Had you been out in Hollywoods?

**RYLAN** It wasn't Hollywoods, it was 131 at the time...

**ANGELA HARTNETT** Okay.

**RYLAN** ...by the. On the corner by the station Ange.

**ANGELA HARTNETT** I know where you mean.

**RYLAN** You know.

**ANGELA HARTNETT** Yeah.

**RYLAN** That's where we met, do you remember?

**ANGELA HARTNETT** Indeed, indeed!

**RYLAN** There you are. She was Romford's best pole dancer.

*(laughter)*

She was. We miss you Ange! So I'm strolling back, two in the morning...

**ANGELA HARTNETT** Oh dear!

**RYLAN** ...toddling along the road, and as I've turned into my friend's road, I've got my wallet in one hand – my fake Louis, that I'd got down the market two days previous - and erm, my phone in the other hand. So, I was strolling along casually going about my-my life, and on the wall, there was like a brick wall with some flats behind it, there was a fox just perched on this wall. And I'm like right, fine.

**NICK GRIMSHAW** Mm.

**RYLAN** You do you, but obviously you don't want to just casually stroll past the fox.

**NICK GRIMSHAW** No.

**RYLAN** So I did what anyone else would do, and you just stamp your foot don't you and go 'khh', like, 'ughh', right.

*(laughter)*

And you expect it to you know go 'khh' and it will just go.

**NICK GRIMSHAW** Yeah.

**RYLAN** This fox crawled down this wall and just slowly walked towards me, and I'm like...

**NICK GRIMSHAW** Oh...

**RYLAN** ...and where I've had a drink I'm like, this ain't happening. So, I've gone 'khh' again. No it's not had it, and it's just come closer, and then it looked like it was about to jump and I've gone, 'Oh!' like that, dropped my wallet. It grabbed my wallet in its mouth and went!

*(laughter)*

Took my wallet! So, I'm standing there, two o'clock, three o'clock in the morning like, looking around for assistance and also trying to think, did I just make that up? But I know I didn't, it actually happened. And I'm looking around for like support, you know like an elderly woman or, you know, your bus driver, but it's three in the morning, there was no one there. So I'm like, what do I do? So I then go to my mate's and I'm like, 'Oh my god I've just been mugged by a fox, guys.'

*(laughter)*

So, the next day I ring up the erm bank people and I'm like, I need to cancel my cards er because they've been stolen. And they're like, 'Well because you've said 'stolen' we can put a block on the cards but we need to get a crime reference number.' And I'm like, 'But how do I do that?' They're like, 'Well you just call the police and erm they'll give you a crime reference number.' So I then call the police, I'm like 'Hi, I need to get a crime reference number for my bank cards, they've been stopped, erm, I- I said that I was mugged,' and they were like, 'Can you describe the assailant.'

*(laughter)*

So, I'm like, er 'Ginger, hairy...' *(laughter)* and I actually... The woman that I was speaking to, and don't get me wrong they were lovely, but I remember her saying, 'Can you just hold the line please?' And then I knew full well I was on speaker phone.

**NICK GRIMSHAW** A hundred per cent. *(laughter)*

**RYLAN** I know I was on speaker phone, I know I was on speaker phone. So yeah I got, I got mugged by a fox erm, but that'll teach me for buying fake Louis.

**NICK GRIMSHAW** It will, it will!

**ANGELA HARTNETT** There you go love.

**NICK GRIMSHAW** They are though... Thank you, Angela.

**RYLAN** Thanks Angela.

**NICK GRIMSHAW** Angela, what is this?

**ANGELA HARTNETT** Have you never seen one of these before?

**NICK GRIMSHAW** No never seen it, what is it?

**ANGELA HARTNETT** So we've got a burger, a lovely beef burger.

**NICK GRIMSHAW** Pronounced what, burger?

**NICK GRIMSHAW** Burger, ber-ger. And I've got some pickles, salad, tomatoes, and a lovely little er, like a mayonnaise, spicy mayonnaise.

**RYLAN** I'm really excited for this.

**NICK GRIMSHAW** Mm hmm.

**ANGELA HARTNETT** Chips and slaw.

**NICK GRIMSHAW** Oh my god, thanks Ange.

**RYLAN** When I was on erm Masterchef, before I came to your restaurant Angela...

**ANGELA HARTNETT** Yeah. Yes.

**RYLAN** ...I actually made a Happy Meal.

**NICK GRIMSHAW** Ah!

**ANGELA HARTNETT** Oh did you?

**RYLAN** Yeah, on Masterchef.

**ANGELA HARTNETT** And? Well you obviously did well 'cos you got through to the semis.

**RYLAN** And I had to crawl... I tried to find the secret recipe for that type of sauce.

**NICK GRIMSHAW** Mm hmmm.

**ANGELA HARTNETT** I've tried to make it, it's not the same.

**RYLAN** I- I've got it.

**ANGELA HARTNETT** How?

**RYLAN** I made it. I managed to badger this woman in California so much at head office...

**ANGELA HARTNETT** Seriously?

**RYLAN**...she ended up giving it to me.

**ANGELA HARTNETT** Can I have that?

**RYLAN** Onion powder, garlic powder, paprika. I'll tell you the rest later.

*(laughter)*

**ANGELA HARTNETT** See none of that- I haven't got any of that in there.

**RYLAN** Oh yeah!

**ANGELA HARTNETT** That's it, see it's the powder.

**NICK GRIMSHAW** And- and was it good?

**RYLAN** It was literally a Big Mac.

**NICK GRIMSHAW** Good sauce.

**RYLAN** I called it a Big Ry, for copyright reasons.

**NICK GRIMSHAW** Yeah.

**RYLAN** I don't want to go to jail. Oh, this is so nice, what's in that sauce?

**ANGELA HARTNETT** Mayonnaise, tomato ketchup, loads of gherkins and pickles. I think pickles are the things that make it.

**NICK GRIMSHAW** Mm hmmm.

**ANGELA HARTNETT** A little bit of Tabasco on there.

**RYLAN** I'm sorry, but this is the sort of food you want, do you know what I mean?

**ANGELA HARTNETT** Yeah

**NICK GRIMSHAW** Yeah.

**RYLAN** I mean don't get me wrong. It's so nice when you go to like one of your places...

**ANGELA HARTNETT** Yeah.

**RYLAN** ...or a really, lovely restaurant and you have like that type of meal.

**ANGELA HARTNETT** Yeah.

**RYLAN** But sometimes you just want a burger.

**NICK GRIMSHAW** I know I've said it a few times but I'm just gonna say it again, McDonald's.

**RYLAN** Yeah.

**NICK GRIMSHAW** I honestly think it's one of my favourite restaurants.

**RYLAN** I had a McDonald's truck at my mum's 70<sup>th</sup>.

**NICK GRIMSHAW** I love it.

**ANGELA HARTNETT** Did you? I didn't know they did that.

**NICK GRIMSHAW** It's, 'cos it's consistent.

**RYLAN** They don't, but they do now.

**ANGELA HARTNETT** They do, wow.

**NICK GRIMSHAW** Hey, shall we talk about Eurovision? Did you know that Sam was gonna do as well as he did?

**RYLAN** So I kept saying it all week, while we were out there.

**NICK GRIMSHAW** Mm hm.

**RYLAN** Everyone was like, we know he's brilliant, and like not taking anything away from Sam but, we're not gonna score high, we're UK, you know what it's like. I'm going, guys like seriously I think you need to be ready 'cos we might end up having to host this. I mean Sam's just such an incredible talent. So then when we found out that we're gonna be hosting on behalf of Ukraine, it was like 'Oh my god it's happening.'

**ANGELA HARTNETT** Yes I know.

**RYLAN** You know like that meme, when it's like, 'It's happening guys, it's happening!'

**NICK GRIMSHAW** Yeah.

**RYLAN** It's like, Scott's on the phone, like 'Who do we need to row with?' like, and I'm like, I don't know! Like we're all, everyone is like having a breakdown. Then I've got Big Brother going, Big Brother's coming back (*unclear because of yelling and laughter*). It's like a gay dream!

*(laughter)*

Big Brother and Eurovision in one year! Get the snake! So I- so whilst I'm having the-the slight panic attack laying on the floor...

**ANGELA HARTNETT** Yeah.

**RYLAN** ...can't breathe, holding my chest, this is all going on. But I mean we're just so excited...

**NICK GRIMSHAW** Mmm.

**RYLAN** ...because the one thing we know how to do in this country, we know how to put on a good show.

**NICK GRIMSHAW** Mmm.



**ANGELA HARTNETT** Have they decided where it is yet, where they're hosting it?

**NICK GRIMSHAW** Not- not yet.

**RYLAN** There's a short list, there's a short list.

**ANGELA HARTNETT** Yeah.

**RYLAN** I-I...

**ANGELA HARTNETT** Where... Do you... Have you got anywhere you would like it?

**RYLAN** I've worked up in Glasgow, I did Ready Steady Cook up there.

**ANGELA HARTNETT** Yeah yeah.

**RYLAN** And opposite BBC Glasgow you've got the Hydro, which is the arena.

**ANGELA HARTNETT** Right yeah.

**NICK GRIMSHAW** Mm hmm.

**RYLAN** So that, I think that would be the main arena.

**NICK GRIMSHAW** On the water.

**RYLAN** On the water.

**ANGELA HARTNETT** Yeah.

**RYLAN** Then next to it you've got the Armadillo, which is the old arena.

**ANGELA HARTNETT** Yeah, yeah yeah.

**NICK GRIMSHAW** Mm.

**RYLAN** That could be the delegation bubble.

**ANGELA HARTNETT** Yeah.

**RYLAN** Then you've got all the riverfront, which is where you could put the Eurovision Village. So, I've always sat there and thought, like Glasgow...

**ANGELA HARTNETT** You've really thought it though, haven't you! You've planned it!

**RYLAN** I've always thought Glasgow just seems ready to go.

**ANGELA HARTNETT** Yeah.

**RYLAN** It's ten minutes to the airport and it's ten minutes to anywhere, in Glasgow.

**ANGELA HARTNETT** Yeah, yeah that's true.

**RYLAN** So that, and from being part of like the UK delegation, there is nothing worse than when you land in a country and you've got a hour's coach journey to the arena...

**NICK GRIMSHAW** Yeah, you don't want everyone arriving grumpy.

**RYLAN** You need it all like that.

**ANGELA HARTNETT** Makes sense, yeah.

**RYLAN** Erm, but the whole shortlist is great. Like wherever it is...

**ANGELA HARTNETT** Yeah.

**RYLAN** ...it's gonna be amazing. I'm still campaigning for Brentwood...

*(laughter)*

I've said, 'I'll put a marquee up in the garden!'

**NICK GRIMSHAW** They're not having it no.

**ANGELA HARTNETT** In the garden, I love it!

**RYLAN** 'I've got water, there's a pond!' Like, 'It'll look beautiful!'

**NICK GRIMSHAW** My boyfriend loves Eurovision.

**RYLAN** Love it.

**NICK GRIMSHAW** Like mad for it.

**RYLAN** Bring him.

**NICK GRIMSHAW** And we have to go.

**RYLAN** It's the law.

**ANGELA HARTNETT** Glasgow.

**NICK GRIMSHAW** Yeah. You've got a bit of burger sauce on your face.

**ANGELA HARTNETT** Oh sorry, thank you, oh bless you.

**NICK GRIMSHAW** No there you go.

**RYLAN** Oh, I thought it was highlighter. *(laughter)*

*(over talk)*

I thought, 'Go on, Angela.'

**NICK GRIMSHAW** 'Are you wearing Fenty?' 'No just a bit of burger sauce!'

**ANGELA HARTNETT** A night out with you two could just! Oh dear!

**NICK GRIMSHAW** But he got me into it this year.

**ANGELA HARTNETT** Yeah.

**NICK GRIMSHAW** He watched it and I can't remember where I was, but he watched it alone, which was really sad. And then...

**RYLAN** That's not sad, I've done that.

**NICK GRIMSHAW** No but it made me feel sad, like watching Eurovision on your own.

**ANGELA HARTNETT** That you weren't watching it with him?

**NICK GRIMSHAW** Yeah. But the Spanish entry this year...

**RYLAN** Oh, Chanel!

**NICK GRIMSHAW** Chanel! Oh, we loved that, really-really loved that.

**RYLAN** I mean she... Oh I've said- I've got a funny story about that! So at the final you have your accreditation at Eurovision, and it is so security conscious...

**ANGELA HARTNETT** Yeah.

**RYLAN** ...like and I'm talking really security conscious.

**ANGELA HARTNETT** Yeah.

**RYLAN** So there's certain areas you're allowed in if you're a commentator, there's certain areas you're allowed in if you're the host, contestant, x, y, z.

**ANGELA HARTNETT** Yeah.

**RYLAN** On the final me and Scott – it was the first time me and Scott had both stayed together for the final...

**ANGELA HARTNETT** Yeah.

**RYLAN** ...and erm, so we're out there and we had seats, but we were like no, we've got our accreditation, so we'll just be in the bubble with everyone and all the acts and like fine. So, in the bubble, for the first time this year, there was a bar, and we were like... I was like oh...

**NICK GRIMSHAW** Yeah.

**ANGELA HARTNETT** Peroni.

**RYLAN** I'd say I probably saw three songs...

*(laughter)*

... of this year's Eurovision at the final.

**NICK GRIMSHAW** Oh my god!

**RYLAN** So at the final I've then said to Scott, come on let's go into the arena and we'll go up to where our commentary boxes were.

**NICK GRIMSHAW** Mm hmmm.

**RYLAN** There was like a viewing deck...

**NICK GRIMSHAW** Mm.

**ANGELA HARTNETT** Yeah.

**RYLAN** ...but not for public, just for like the commentators.

**ANGELA HARTNETT** Yeah.

**RYLAN** And I thought that will be really nice to sit there and do it...

**NICK GRIMSHAW** Yeah.

**ANGELA HARTNETT** Mm.

**RYLAN** ...because it's a lovely view. So we're standing up there with a drink and it was all lovely, and then the next thing I know I was like, 'Shall we go down there?' Because we could see a load of like British fans, with all the flags.

**ANGELA HARTNETT** Yeah.

**RYLAN** We were like, yeah come on let's do that, so flash the accreditation. Now one place we're not allowed to go is obviously the Green Room, you know where all the sofas are...

**ANGELA HARTNETT** Yeah.

**NICK GRIMSHAW** Mm.

**RYLAN** ...where it's like, oh ten points! Well! I'm sitting there with Scott. We're sort of hanging over this barricade and there's our delegation sat there...

**ANGELA HARTNETT** Yeah.

**RYLAN** ... like with Sam and everyone, and we're like; the results are coming in. I'm on the floor crying. Like, 'We just got another twelve points!' Scott's like, 'I don't believe it!' He's just filming me, I'm like 'aah, ahh..' and I just thought, am I making this up? Like, surely this isn't happening. And I just grabbed Scott and went, 'This is a moment Scott, we should be there.' Then he went, 'We should.' It was like Thelma & Louise, we took each other's hands.

*(laughter)*

I ended up in a service tunnel, underneath this arena in Turin. Ended up working our way to the edge of the Green Room where this massive security guard was standing, checking everyone's accreditation...

**ANGELA HARTNETT** Mm.

**RYLAN** ...and it went, 'Kalush Orchestra are announced the winners.'

**ANGELA HARTNETT** Yeah.

**RYLAN** They're there. They have walked past to go up to the stage to get the trophy and I have just gone, and the security guard is like, 'You do not have correct accreditation.' I went, do not start with me tonight! *(laughter)* And he just looked at me and went, 'Okay', and the next thing you know we're on the sofas with everyone and then Chanel has just come and jumped on me, wrapped her legs round me, 'cos she came like 3<sup>rd</sup> or 4<sup>th</sup>...

**ANGELA HARTNETT** Yeah.

**RYLAN** ...and we're all just like crying and singing. It was... I just don't know what happened. And it was only the following morning that my mum text me and said, oh I saw you at the final, I didn't think you were working on the final? I said, well I weren't.

*(laughter)*

And I said, why what did you see, and she went, I just saw you wrapped round Sam Ryder and Graham Norton and went, oh look there's Rylan, muscling in.

*(laughter)*

*(sound of drink being poured)*

**ANGELA HARTNETT** So Big Brother, when is that coming back? You're hosting?

**RYLAN** I have no idea. I genuinely don't. I'd tell you. I know it's back next year.

**ANGELA HARTNETT** ITV doing it?

**RYLAN** Definitely, ITV2.

**ANGELA HARTNETT** Yeah.

**RYLAN** But yeah, when I found out the news that Big Brother was coming back I was actually in Barcelona...

**ANGELA HARTNETT** Yeah.

**RYLAN** ...on my own – don't ask – and...

**ANGELA HARTNETT** I saw that. That's the first time you'd travelled by yourself.

**RYLAN** First time I'd ever done it. Yeah, my manager just said, you've got three days off and I went (*takes a breath in*) and I just booked a flight and went to Barcelona by myself. I've never done that in my life, but I'm glad I did.

**NICK GRIMSHAW** Did you like it on your own?

**RYLAN** I absolutely loved it.

**NICK GRIMSHAW** Would you do it again?

**RYLAN** Tomorrow.

**ANGELA HARTNETT** Yeah.

**RYLAN** Literally, I would go again tomorrow on my own, I loved it.

**NICK GRIMSHAW** Wow.

**RYLAN** I didn't speak to anyone. Like, you know like over here if someone like looks at you...

**ANGELA HARTNETT** Yeah.



**RYLAN** ...you have to smile. Like I bogged out an old lady.

*(laughter)*

**NICK GRIMSHAW** Yeah.

**RYLAN** Like it was, it just so nice, I got on a train. I know this sounds really mundane but like for me that was really exciting.

**NICK GRIMSHAW** Yeah you loved it.

**ANGELA HARTNETT** No but for someone who works as hard as you do...

**NICK GRIMSHAW** Yeah!

**ANGELA HARTNETT** ...to actually have those three days.

**RYLAN** It was just so nice. I took my top off on a beach, I ran riot.

**ANGELA HARTNETT** Yeah.

**NICK GRIMSHAW** Oh man.

**RYLAN** You see I got the call when I was out there and I was like right, and I was like, what now?

**ANGELA HARTNETT** So hold on, when you say you got the call, they said, 'We want to talk to you about Big Brother,' or?

**RYLAN** No, I got the call to say, 'We're letting you know that we're announcing.' I knew it was happening....

**ANGELA HARTNETT** Okay, yeah.

**RYLAN** ...but it was like the formal, 'We're just letting you know it's going to be tonight.'

**ANGELA HARTNETT** Yeah okay.

**RYLAN** So, but yeah I mean I've wanted that show to come back since the day it finished.

**ANGELA HARTNETT** Yeah.

**RYLAN** I-I've not let go of it yet...

**ANGELA HARTNETT** Yeah.

**RYLAN** ...but it's a new era of Big Brother. I don't know what's gonna happen.

**ANGELA HARTNETT** Yeah.

**RYLAN** I know Emma's said that she's not coming back.

**ANGELA HARTNETT** Yeah.

**RYLAN** I don't know if it will be any of us that used to be there. So I, I've made no secret, and I'm still not going to make a secret, of course I'd love to go back. It was such a big part of my life.

**NICK GRIMSHAW** I love it. I'm so happy it's coming back.

**RYLAN** It's just so... It's just the original.

**NICK GRIMSHAW** Yeah and was so-so good and I-I really hope that they find like the right people for it...

**RYLAN** That's all I want.

**NICK GRIMSHAW** ...'cos remember when it was so good was because people weren't

aware...

**RYLAN** You want like Mary from Manchester.

**NICK GRIMSHAW** ... Ah yeah.

**RYLAN** Like, and why I love the fact it's on ITV2 now is, sort of a lot of people kept saying you know, 'It's not Love Island, we don't want this.' Well ITV has got Love Island...

**ANGELA HARTNETT** Yeah.

**RYLAN** ...so they're not gonna put someone in the house that could go into the villa.

**ANGELA HARTNETT** Yeah, yeah.

**RYLAN** So... And whoever ends up doing it, if it's not me, I mean I hate you. But erm...

**ANGELA HARTNETT** Are you going to tell him it's you Nick.

**RYLAN** It's you innit! Is it you two?

*(laughter)*

**NICK GRIMSHAW** Yeah, it's Angela and I, get used to it. It's Angela and I are doing it yeah.

**RYLAN** Well go, take your burger.

**NICK GRIMSHAW** All I hope is that they keep the theme tune. They've got to keep the theme tune, right.

**ANGELA HARTNETT** Mm.

**RYLAN** I actually listen to that.

**NICK GRIMSHAW** It slaps.

**RYLAN** I actually listen to that song.

**NICK GRIMSHAW** It goes off.

*(laughter)*

**RYLAN** I played it at a DJ set the other night. I am that... I've got a diary room in my house.

*(laughter)*

**NICK GRIMSHAW** I do know that but...

**RYLAN** I'm not well. I think... I married a house mate. I'm divorcing one.

*(laughter)*

Big Brother's part of my life.

*(steam sounds)*

**NICK GRIMSHAW** Also we've got to talk about your book as well.

**RYLAN** You ain't got to, don't feel obliged.

**NICK GRIMSHAW** Yeah we do.

**ANGELA HARTNETT** No we do.

**NICK GRIMSHAW** We want to.

**RYLAN** I'm just here for the food.

**NICK GRIMSHAW** So you-you wrote one what eight years ago? Best seller, No. 1.

**RYLAN** It done alright, yeah.

**NICK GRIMSHAW** It did alright.

**RYLAN** Did alright.

**NICK GRIMSHAW** Yeah. Erm I like that you're wearing glasses to let us know that you are an author...

**RYLAN** I'm wearing glasses...

**NICK GRIMSHAW** ...of the, of the 2<sup>nd</sup> book.

**RYLAN** I'm, I am wearing glasses because I'm now a two-time author...

**NICK GRIMSHAW** Mm hmm.

**RYLAN** ...but also because I've woke up with a bite on my face and these ain't got no lenses in.

*(laughter)*

So it's just to detract.

**NICK GRIMSHAW** It's just to detract from the bite!

**RYLAN** From the bite.

**ANGELA HARTNETT** But you can't see the bite.

**RYLAN** It's on my nose.

**NICK GRIMSHAW** Yeah, oh yeah a little bit yeah. But not with them. But that says author, that really says author.

**RYLAN** She's an author ladies and gentlemen! Not a blind dater at all.

**NICK GRIMSHAW** She's an author. And it's called 'Ten', so it's all about the last 10 years since what, since you found fame and...

**RYLAN** It's ten years. It's ten years now that I went on X Factor.

**ANGELA HARTNETT** Is it, ten years? Oh.

**RYLAN** Ten years, an actual decade.

**NICK GRIMSHAW** Do you remember the exact date when you did the iconic on the couch?

**RYLAN** Do you know what happened there though?

**NICK GRIMSHAW** What!

**RYLAN** Because everyone... Obviously you see like a very small clip – well it wasn't a small clip.

**NICK GRIMSHAW** Mm.

**ANGELA HARTNETT** You weren't judging when he was on?

**NICK GRIMSHAW** No, I just remember watching this.

**RYLAN** The day before we'd all done our performances. So were like right we can relax now. We find out tomorrow if we're going through, none of us have got to sing anymore, let's just do it. Caroline, god rest her soul, one of the loveliest women ever, is like, 'Come on let's have a drink.' 7 o'clock in the morning the producers had woken up, found out we were still up and said 'You need to sleep because the result is in two hours.'

**NICK GRIMSHAW** Mm.

**ANGELA HARTNETT** Yeah.

**RYLAN** So we're like 'Oh, alright...'. Collapse, gone. Next thing, you've got fifteen minutes to get out of bed, get ready and go to this result. It was 50 degrees, my make-up was sliding off (*laughter*), just down me and by this point I am ready to either kill or be killed.

**ANGELA HARTNETT** Yeah.

**RYLAN** And I'm like, just get me on a plane. Get me home.

**ANGELA HARTNETT** Get me out of here, yeah.

**RYLAN** I don't care now if I'm going on X Factor or not. Just go home. So, I turn up outside the door, waiting to go in, you see Dermot and stuff like and then I bumped into Caroline and she was obviously worse for wear as well. And I just went, 'Babes, just do me a favour. Just, if I'm not going through just tell me now, just like...' And she went... Just shook her head as if to say, you're not going through.

**ANGELA HARTNETT** Yeah yeah yeah.

**RYLAN** And I was like, thanks babe. And I was like, let's just get this out the way and then I can get changed.

**ANGELA HARTNETT** Yeah yeah.

**RYLAN** ...and just hopefully not die on a plane.

*(laughter)*

So, I go in and it's a bit like this. You have a crew there...

**ANGELA HARTNETT** Yeah.

**RYLAN** ...and stuff like that. And I'm sitting down like, you alright, you know trying to be all humble, like, oh I've had a lovely experience, you know.

**ANGELA HARTNETT** Love you!

**RYLAN** Thanks for the holiday. And then she obviously said like, you're going through- I genuinely didn't know she'd said it...

**ANGELA HARTNETT** Yeah.

**RYLAN** Because obviously I'd seen Cazza ...

**ANGELA HARTNETT** Yeah.

**RYLAN** ...and knew I wasn't and I was like, what? And the- the hangover just took... It was like I was possessed by the bottle of Absolut I'd just been drinking. *(laughter)* And it just – it was like I was out of my own body, and apparently- I don't really remember any of this. But apparently it went on for like twenty-five minutes. There was a medic. *(laughter)* I then came out and hit Dermot, because I was like, 'You looked at me funny as if to say no!' and it was just... I was crying in Scherzinger's, physical vaginal area for-

*(laughter)*

It's so weird because my only memory of it is what everyone else sees.

**ANGELA HARTNETT** Yeah, yeah.

**RYLAN** But yeah, that was ten years ago.

**NICK GRIMSHAW** Oh my god, wow!

**ANGELA HARTNETT** Yeah, look where you are now!

**NICK GRIMSHAW** What a moment! *(applause)* Come on! Oh my god, I can't wait to read this book because it's the ten years after that.

**RYLAN** I was twenty-three on X Factor, so I was young.

**NICK GRIMSHAW** Mm.



**ANGELA HARTNETT** Yeah.

**RYLAN** So it's about growing up in this industry I suppose, and yeah it was really difficult. I found it really, really difficult, especially obviously the chapter on last year with obviously my break-up and things like that.

**NICK GRIMSHAW** Mm.

**RYLAN** But, yeah it was...

**NICK GRIMSHAW** How- what was the hardest bit for you when you had to sit and actually write it?

**RYLAN** That bit.

**NICK GRIMSHAW** That was the toughest bit?

**RYLAN** That bit, because I had – I had to make a choice, and the choice I had to make was, do I be too honest...

**NICK GRIMSHAW** Mm hmm.

**RYLAN** ...or do I be honest but respectful? Does anyone deserve respect? Like all of these things and I wrote the first chapter, that chapter is called '2021', and I wrote that first chapter in 6 different variations. One that's very calm, and then on the other end, one that's everything, where I've just gone, yeah blah blah blah, and have let everything out, and I think I've found more the calm end – thank you lawyers! (*laughter*) Erm, there's a lot in that first chapter that I know what's gonna happen when the book comes out. It will be this headline and that headline...

**ANGELA HARTNETT** Yeah.

**RYLAN** ...which I'm not looking forward to, but I understand that's what books do. But at the same time I think when people read it they'll be like, there's clearly a lot he's held back on here, and I hope that people respect me.

**ANGELA HARTNETT** What I love is at the end of each chapter you've got all the things you learnt.

**RYLAN** The lessons I've learned yeah.

**NICK GRIMSHAW** Yeah.

**ANGELA HARTNETT** I mean I just thought some... I mean I literally said, that's great I might use that word. You know but some of them are... *(over talk)*

**NICK GRIMSHAW** Might copy that, yeah.

**ANGELA HARTNETT** No genuinely, very you know! *(laughter)* No but I think they're quite thought provoking. *(over talk)*

**RYLAN** And it is, it's like because once...

**ANGELA HARTNETT** I think you'll surprise people with that.

**RYLAN** One thing that I had the idea of with the book, and it was- I was like, oh god I want to put some more in this but I don't know what. Where I did the lessons we've learnt together.

**ANGELA HARTNETT** Yeah.

**RYLAN** So I took like six or seven people, like my mum's one, Claire from Steps.

**NICK GRIMSHAW** Yeah.

**RYLAN** Bernice, my make-up artist, my manager, my sister-in-law. Erm, just asked them to write a lesson we'd learnt together.

**ANGELA HARTNETT** Yeah of course.

**NICK GRIMSHAW** Mm.

**RYLAN** And I never read the letters...

**ANGELA HARTNETT** Yeah.

**RYLAN** ...'cos I didn't want to. It's the only thing that I didn't read in the book. So, they've all written them themselves and then I got the final draft through, and I remember reading Claire's, and I just started crying because when I was very, very ill- and I don't think people realize how I ill I was last year- but when I was very ill my mum had got Claire to come and see me. I didn't want to see anyone. And she wrote in her letter – and it actually makes me get emotional now just thinking about it, 'cos I did not know this. But she said, when I left the house I had to pull over in a lay-by and I just broke down crying because I didn't think I was going to see him again.

**ANGELA HARTNETT** Yeah.

**RYLAN** Because that's how bad I was last year.

**ANGELA HARTNETT** Yeah.

**RYLAN** Like I was so ill and it's like you don't realise what's going on in other people's...

**ANGELA HARTNETT** Mm.

**NICK GRIMSHAW** Yeah, well I can't wait to read the rest of it.

**ANGELA HARTNETT** Yeah.

**NICK GRIMSHAW** I have read the first chapter and it's so-so brilliant.

**ANGELA HARTNETT** It's an addictive read.

**NICK GRIMSHAW** It really-really is an addictive read.

**RYLAN** Thank you.

**NICK GRIMSHAW** And mine says in red letters across all the way 'EMBARGOED EMBARGOED.'

**ANGELA HARTNETT** Yes exactly!

**NICK GRIMSHAW** Which is actually quite annoying, so I can't wait to actually buy a, buy a real life copy.

**ANGELA HARTNETT** It's true actually!

**NICK GRIMSHAW** So yeah.

**RYLAN** Well it's only this morning that I woke up and erm I started getting like messages from people, like journalists...

**ANGELA HARTNETT** Oh!

**RYLAN** ...and things like that going, I've just finished your book.

**ANGELA HARTNETT** Yeah.

**RYLAN** It feels so weird to know that there's people out there that have read it.

**ANGELA HARTNETT** Yeah.

**NICK GRIMSHAW** Yeah.

**RYLAN** So people know.

**NICK GRIMSHAW** Who did you- did you give it to anyone to read it first? Like your mum or any of your friends?

**RYLAN** No one.

**NICK GRIMSHAW** No, no one.

**ANGELA HARTNETT** Wow!

**NICK GRIMSHAW** No.

**RYLAN** No one, I didn't want anyone to know.

**ANGELA HARTNETT** Yeah.

**RYLAN** I did that with my last book as well. I didn't want anyone to know.

**NICK GRIMSHAW** Yeah 'cos you don't want like feedback that makes you think about it.

**ANGELA HARTNETT** Question it.

**RYLAN** No because- because everything is my memory.

**NICK GRIMSHAW** Yeah exactly.

**ANGELA HARTNETT** Yeah.

**RYLAN** It's a bit like... Did you ever see The Affair?

**NICK GRIMSHAW** Yeah, yeah.

**ANGELA HARTNETT** Yeah.

**RYLAN** So it's a bit like... My memory might slightly differ from yours. I might think you were in a red dress but actually you were in a green dress.

**NICK GRIMSHAW** Yeah.

**ANGELA HARTNETT** Yeah.

**RYLAN** But it's my memory.

**NICK GRIMSHAW** Yeah.

**RYLAN** It's not your memory, so I don't need you to tell me, no I was wearing a red dress that night. So that's what I wanted to put across. This is what I remember.

**NICK GRIMSHAW** Yeah.

**RYLAN** And this is what I know that happened. You might have been wearing a red dress and yes you pulled up a picture and you were wearing a red dress, but I'm still gonna say you were in a green dress.

**ANGELA HARTNETT** Yeah, sure.

**NICK GRIMSHAW** Yeah.

**RYLAN** 'Cos I remember you wearing a green dress.

**NICK GRIMSHAW** Yeah, I just want to say I **was** wearing a red dress.

*(laughter)*

**ANGELA HARTNETT** In chapter eight.

**RYLAN** And I just wanna say, I want that back.

*(laughter)*

*(sound of liquid being poured)*

**NICK GRIMSHAW** Rylan, we thought we could get you to read some of our reviews,

because we're a new podcast. Are we still? Yeah newish.

**ANGELA HARTNETT** Yeah, we'll go with that.

**NICK GRIMSHAW** Yeah whatever.

**ANGELA HARTNETT** We're already halfway through.

**NICK GRIMSHAW** Yeah.

**RYLAN** Oh take the money and shush!  
*(laughter)*

So er the first one the headline is, 'so good to have them together', which is nice.

**NICK GRIMSHAW** Oh yeah.

**ANGELA HARTNETT** Lovely.

**RYLAN** And it says, 'I've missed Nick so much since he left Radio 1. I've always been a big fan. Now with Angela to bounce off he's even better.'

**ANGELA HARTNETT/NICK GRIMSHAW** Oh!

**NICK GRIMSHAW** All I needed was Ange.

**RYLAN** 'She's his new Annie Mac.'  
*(laughter)*

**RYLAN** 'The food Angela cooks sounds delicious.' That's from Mrs. Grimshaw.  
*(laughter)*

**ANGELA HARTNETT** Manchester!

**RYLAN** Erm the next one, headline is, 'Love it.'

**NICK GRIMSHAW** Mm.

**RYLAN** And the body of text is as follows. 'Although it's an advertisement for a shop...'

*(laughter)*

'gay flag, laughing emoji, gay flag. Green heart, rocket, flower emoji, thumb down emoji, green tick emoji. Blushing emoji. Rocket, bag of dollar emoji, sun emoji, rock on fingers emoji. Person with green hair emoji and someone sat in a laptop emoji.'

*(laughter)*

**NICK GRIMSHAW** That is the perfect review.

**RYLAN** And that's from Angela Hartnett.

*(laughter)*

**RYLAN** Erm, next one, headline. 'Brilliant and unexpected duo, what a treat.'

**NICK GRIMSHAW/ANGELA HARTNETT** Oh.

**RYLAN** Body of text as follows. 'I'm a huge fan of Angela Hartnett and hadn't heard of Nick Grimshaw.'

*(laughter)*

**ANGELA HARTNETT** That's not possible!

**RYLAN** I know. 'What planet have I been living on? But this is inspired. It's hilarious and it's a joy to listen to. Feels as if I'm at the end of the table watching it happen.'

**NICK GRIMSHAW** Ah!

**RYLAN** And the last one is definitely my favourite one we've got.

**NICK GRIMSHAW** Mm.

**RYLAN** The headline is, 'Loved it.'



**NICK GRIMSHAW** Mm hmmm.

**RYLAN** And the body of text is, 'I wish Angela and Nick kiss.'

*(laughter)*

**NICK GRIMSHAW** Wow, wow. Cheers.

**RYLAN** What a bunch of reviews!

**NICK GRIMSHAW** Cheers. Rylan everybody!

**ANGELA HARTNETT** Hey!

*(applause)*

**NICK GRIMSHAW** Thank you Rylan.

**ALL** Kiss kiss kiss kiss kiss kiss kiss!

*(laughter)*

*(kissing)*

**ALL** Ah!

**NICK GRIMSHAW** All the recipes and drinks can be found on the Waitrose website at [waitrose.com/dishrecipes](http://waitrose.com/dishrecipes).

**ANGELA HARTNETT** Follow Dish from Waitrose wherever you get your podcasts. Tell your friends. Tell your family and why not leave us a review on Spotify and Apple Podcasts.

**NICK GRIMSHAW** We can't all have a Michelin star chef in the kitchen, but you can get some Michelin star advice. Email your questions for Angela to [dish@waitrose.co.uk](mailto:dish@waitrose.co.uk)

End

